A picture containing tree, outdoor

Description automatically generated

**Enchanted Forest Poem II by Sharon Eley**

The enchanted forest calls me

To walk under its sheltering canopy,

To listen to the leaves being stirred by the breeze,

To watch quietly while nature around me thrives…

Leaving the stress of life behind me.

I walk quietly to absorb its surroundings

And know who it was who created

Such a tranquil, peaceful escape for us to relax in.

The enchanted forest beckons me on

To relax, to breathe deeply, to experience its gifts.

I feel renewed, refreshed, invigorated

To carry on, to walk enlightened, full of understanding…

Knowing I have been gifted the benefits

Of

The Enchanted Forest.